



**HEALTHY HEARTS
NORTHWEST**

Improving practice together

Alignment with Idaho Practice Transformation: Healthy Hearts Northwest



Advancing Healthcare
Improving Health

This presentation was developed by Qualis Health under a contract with the MacColl Center for Health Care Innovation at the Group Health Research Institute, in support of grant number R18HS023908 from the Agency for Healthcare Research and Quality.

Background

Healthy Hearts Northwest (H2N) has been established to provide practice improvement support to primary care practices in Idaho, Washington and Oregon.

Funding

Healthy Hearts Northwest is funded through the agency for Health Care Research & Quality.

Partners

- MacColl Center for Health Innovation at GRHI
- Qualis Health
- The Oregon Rural Practice Research Network (ORPRN)
- The Institute of Translational Health Services at UW



Objectives



Enroll 40 practices in Idaho to:

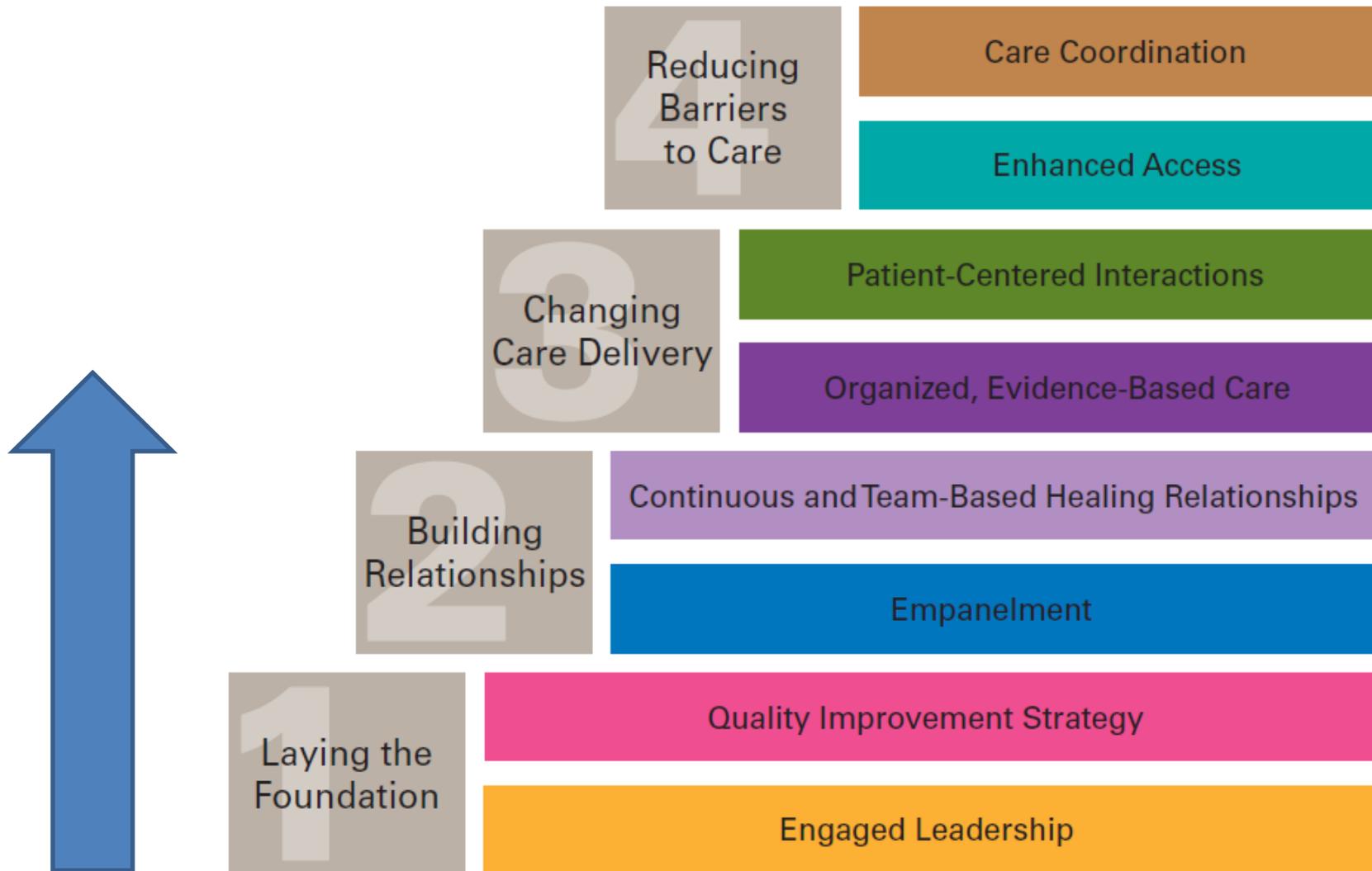
- Generate data reports on the ABCS Measures (aspirin, blood pressure, cholesterol, smoking cessation)
- Develop and implement QI strategies
- Adopt foundational PCMH concepts: QI Leadership, Empanelment, Team based care



How Will We Support Practices?

Elements of QI Support	Content
Health IT Assessment and Support	<ul style="list-style-type: none">• Quality Improvement reports for internal use, aligned with PQRS measures• Optimization of clinical decision support• Using data to drive improvement through workflow changes
Practice Facilitation	<ul style="list-style-type: none">• Kick off meeting for project orientation• Unlimited customized technical assistance including on-site practice visits for 15 months, and monthly phone calls
Academic Detailing	<ul style="list-style-type: none">• Clinically focused learning modules for care teams to address common workflow issues in CVD population management
Shared Learning	<ul style="list-style-type: none">• Regional Improvement Collaborative (RIC) monthly calls led by the PF,• Quarterly live webinars by Qualis Health• Affinity groups defined by practice interest and topics

H2N Strategy for Building QI Capacity





Alignment with Idaho SHIP Project

- Idaho SHIP will support practice transformation in three waves. Waves will begin in February of 2016, 2017, 2018
- Practices will prepare to report data and have QI strategies in place to successfully participate in Idaho SHIP.
 - Payment incentives tied to success in Idaho SHIP
- H2N recruiting will help interested practices in Waves 2 and 3 develop the skills to be successful with Idaho SHIP





H2N “Pre-work” for Idaho SHIP

- Prepare practices for transformation
- Develop skills on how to report data
- Develop QI capacity and grow staff experience
- For interested practices, transition directly from H2N into the SHIP



Next Steps?

- Recruit H2N practices under the SHIP
- Develop co-branded SHIP/H2N recruitment materials
- Continued sharing of information with SHIP leadership about practice recruitment





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Prepare for the Future of Healthcare in Idaho by Joining Healthy Hearts Northwest

What is Healthy Hearts Northwest?

Healthy Hearts Northwest (H2N) is a three-year project funded by the Agency for Healthcare Research and Quality (AHRQ) that helps primary care practices improve their patients' cardiovascular health—while also building their capacity for quality improvement (QI). **Approximately 50 practices in Idaho are able to participate.**

How is H2N connected to the Statewide Healthcare Innovation Plan (SHIP)?

SHIP will support practice transformation in three waves to help primary care practices become patient-centered medical homes (165 total practices over 3 years). As a potential participating practice in the SHIP, you will need to demonstrate QI and data reporting capabilities to be eligible for the project and incentives. H2N will prepare your practice for success.

Through H2N receive 15 months of practice support and improve cardiovascular outcomes

- Learn the foundation of practice transformation
- Technical assistance for health information technology (IT)
- Coaching in quality improvement (QI)
- Opportunities to participate in training to build QI competencies
- Data reporting and monitoring through the ABCS measures:
 - Aspirin
 - Blood pressure management
 - Cholesterol management
 - Smoking cessation

Join Healthy Hearts Northwest

In partnership with the Idaho SHIP, Healthy Hearts Northwest is actively enrolling practices. To enroll or for more information, please email us at h2n@qualishealth.org or visit us at www.qualishealth.org/H2N.



MacColl Center for Health Care Innovation

